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# RDCBS' PET BIRD FAIR COMMITTEE:

Chairman: Cindy Chappell
Co Chairman: John Marquis
Vendor Coordinators: Melody Appleby and Carol Wilson
Construction Assembly Coordinator: Jim Dvorak
Hospitality /Coordinator: Melody Appleby and Cindy Chappell
Raffle Coordinator: Courtney Rousseau
Pet Bird Exhibition Coordinator: Terry Perry
Shows Coordinator: Wendy Edwards
Cockatiel Show Coordinator: Josh Maples
Love Bird Show Coordinator: Wendy Edwards
Parrot Show Coordinator: Leslie Huegerich
Finch Show Coordinator: Jim and Sharon Dvorak
Registration: Judy Calhoun
Advertising & Publicity: Carol Wilson, Melody Appleby
Program Booklet Editors: John and Laura Marquis

# A MESSAGE FROM THE FAIR CHAIRMAN

Welcome, I hope you enjoy our Nineteenth Annual Pet Bird Fair, Ninth Annual Cockatiel Show, Sixth Annual Love bird Show, Fourth Annual Parrot Show with IPS affiliated Specialty Show, and Second Annual NFSS Finch Show. I am sure it will be an enjoyable and educational experience for you. This is a wonderful opportunity to appreciate the beauty and intelligence of these birds on exhibit and learn about the joys of keeping birds and about their proper care. If you haven't already, please join the RDCBS. The cost of membership is minimal in comparison to what you will learn and the friendships you will make with fellow bird lovers in our club. I hope to see you at future meetings.

### Cindy Chappell, Bird Fair Chairman, RDCBS

Hide	and	Tweet
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	(answer at www.rdcbs.org)													
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со	COCKATOO				Μ	MACAW VETERINAR				RIA	Ν			

# THE RDCBS 2007 PRESIDENT'S WELCOME

Welcome all to our 19th annual Raleigh-Durham Caged Bird Society Pet Bird Fair. We hope it will be an enjoyable experience for everyone! There will be lots of vendors to shop with, and lots to learn about our feathered friends. Everyone has fun at the raffle area, all the money spent there will benefit aviculture in many ways, including medical research and conservation. With this we are able to learn more and more about our feathered friends everyday thanks to contributions made to our Bird Fair. We all work hard to pull this together and hope it will be fun for all.

We will display some of our pet birds so you can enjoy them and also ask questions and hopefully it will be a learning experience for you. Our bird shows displays some of the finest birds around. And our vendors come from all over and we thank them for their participation!

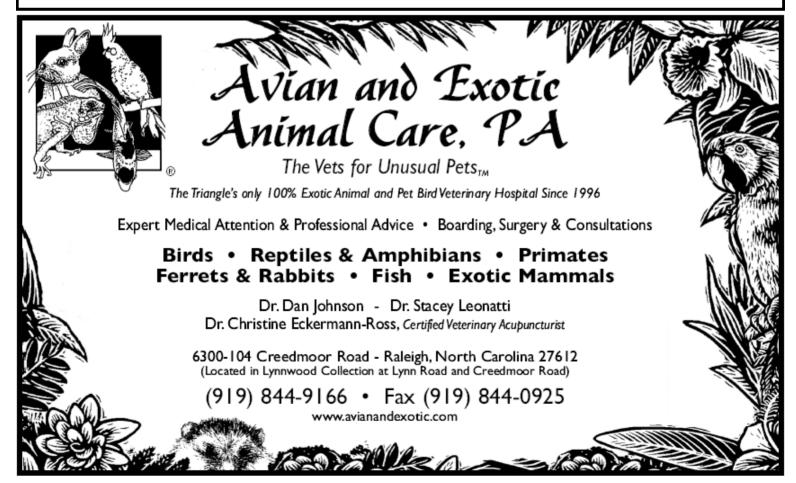
We would also like to invite you to join our club and participate in club events like this one. Thank you for another successful Bird Fair.

Sincerely, Terry Perry

President-RDCBS

## RULES GOVERNING BIRDS FOR SALE

- 1. Every bird must be evaluated by our on-site avian veterinarian before it can enter the building. Any bird judged by our veterinarian to be in ill-health must be removed from the premises. Non-psittacine birds will not be allowed to enter. Button Quail will be allowed for Show only.
- 2. All out of state birds must have a health certificate from a veterinarian from their state and a permit from NC.



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Email: info@riverbankaviary.com

# AN INTRODUCTION TO THE RALEIGH-DURHAM CAGED BIRD SOCIETY (RDCBS)

The RDCBS membership is comprised of over 100 families or individuals, including pet bird owners, bird breeders, pet store owners and employees, and veterinarians and their assistants and students. A large number of species are represented among members' bird families, with psittacine birds ranging from budgerigars to Hyacinth macaws and non-psittacines from finches to peafowl. The primary purposes of the RDCBS are to educate club members and members of the general public about the care and breeding of caged birds and about larger avicultural concerns such as captive propagation of rare and endangered species and conservation of avian species in their native habitats.

The club meets on the third Sunday of each month (with the exception of June, in which we will be meeting the second Sunday of that month) at 2:30 P.M. at the Glen Eden Pilot Park Community Building on the west side of Raleigh. Meetings include lectures or demonstrations on a variety of avicultural topics and also feature a "bird species of the month". Our meetings also provide a chance to cultivate friendships with other aviculturists and pet bird owners.

A bimonthly newsletter, *The Carolina Parakeet*, is published for members and provides useful information on a variety of avicultural topics and current concerns. The RDCBS' educational outreach program includes its annual Pet Bird Fair held on the Saturday of the Memorial Day weekend each year. In addition, the RDCBS provides bird exhibits at the North Carolina State Fair and at special events of institutions such as the North Carolina Museum of Natural Science. Various members also provide educational demonstrations about cage birds for 4-H groups, school classroom projects or field trips, nursing homes, etc. The RDCBS is a non-profit, tax-exempt organization in accordance with IRS tax code section 501(c)(3). Thus, your donations to the RDCBS are tax-deductible. Information about RDCBS and avicultural topics of interest are also accessible online at RDCBS' Web site: http://www.rdcbs.org. This site includes the latest information about upcoming RDCBS events, selected articles from *The Carolina Parakeet*, and links to the Web sites of the aforementioned national societies with which we are affiliated.

### 2007 ELECTED OFFICERS/BOARD OF DIRECTORS

President— (Board Position)

Terry Perry—(919) 639-4575; tpandcharlie@embarqmail.com Vice President—

Catherine Marquis--(919) 266-0906; catlynn101987@excite.com Secretary—

Laura Marquis—(919) 266-0906; laura@jamcosys.com Treasurer—

Sharon Dvorak—(919) 266-4935; dvoraknc@netzero.com Past President—(Board Position)

Carol Wilson-552-8856, legswilson@aol.com

Board ('03-'07; Chairman)-Jim Dvorak—266-4935; dvoraknc@netzero.com Board ('04-'08) Judy Calhoun—488-7949; jcalhoun5@nc.rr.com Board ('06-'09) John Marquis---266-0906; john@jamcosys.com Board ('07-'10) April Blazich—(919) 851-8079; aprilb@bellsouth.com

# **COMMITTEES/APPOINTEES**

### Monthly Meetings:

Educational Program Director—Carol Wilson—552-8856; legswilson@aol.com, Monthly Notices/Publicity—Sharon Dvorak—266-4935; dvoraknc@msn.com; Visitor Orientation/Introduction—Terry Perry (President) tpandcharlie@embarqmail.com Meeting Refreshments— Cindy Chappell—779-1206; c7791206@mindspring.com Raffles—Courtney Rousseau—(919) 567-0697; budgiegarden@nc.rr.com Photographer—Catherine Marquis 266-0906; catlynn101987@excite.com *"The Carolina Parakeet"* (RDCBS Newsletter): Editor— Wendy Edwards—850-2180: CarolinaFlight@aol.com Webmaster—John Marquis--266-0906; john@jamcosys.com Membership Directory—Laura Marquis—266-0906; laura@jamcosys.com Renewal notices/New member packets—Laura Marquis—266-0906; laura@jamcosys.com RDCBS T-Shirts—www.RDCBS.org RDCBS Nametags— www.thesignman.com Librarian—Open Legislative Issues—Cindy Chappell—779-1206; c7791206@mindspring.com; Laura Barwick – 876-8192 Ibirdog@hotmail.com

### **Educational Outreach:**

Bird Fair Chairman—Cindy Chappell—779-1206; c7791206@mindspring.com NC State Fair Coordinator—April Blazich—851-8079; aprilb@bellsouth.net, Terry Perry—639-4575; tpandcharlie@embarqmail.com School Programs—April Blazich—851-8079; aprilb@bellsouth.net Terry Perry—(919) 639-4575; tpandcharlie@embarqmail.com Grant Requests Coordinator—Sharon Dvorak—266-4935; dvoraknc@netzero.com

### Affiliate Representatives:

African Love Bird Society (ALBS)— Wendy Edwards—850-2180; Carolinaflight@aol.com American Federation of Aviculture (AFA) SE Regional Director – Sharon Dvorak – (919) 266-4935;dvoraknc@netzero.com American Federation of Aviculture (AFA) NC State Coordinator – Carol Wilson – (919) 552-8856; legswilson@aol.com American Federation of Aviculture (AFA)—April Blazich—(919) 851-8079; aprilb@bellsouth.com Cindy Chappell—779-1206; c7791206@mindspring.com

Bird Clubs of America— Wendy Edwards—850-2180; carolinaflight@aol.com International Parrotlet Society (IPS) — Leslie Huegerich; 552-6312; klaviary@showtiels.com National Cockatiel Society (NCS)— Open National Finch & Soft bill Society (NFSS)—April Blazich—851-8079; aprilb@bellsouth.net Society of Parrot Breeders & Exhibitors (SPBE)—Josh Maple--- (919) 326-1616; imaple1017@vahoo.com

GET INVOLVED! FOR THESE AND MORE VOLUNTEER OPPORTUNITIES, CONTACT THE DIRECTORS ABOVE

RALEIGH DURHAM CAGED BIRD SOCIETY PO Box 32291 Raleigh, NC 27622

www.RDCBS.org



### By: Leslie Huegerich

Advanced Cockatiel Exhibitor RDCBS Cockatiel Show Delegate

The Educational aspect of showing.

A common question that is often asked of me is "Why do you show your

birds?" Breeders and pet owners alike often times think it is "the race for the ribbon" or that we win money at the shows. I haven't found the money yet and while a ribbon is nice, it is the ever changing quest to improve my breeding program that keeps me coming back for more. Breeding to a standard is helping the future of bird ownership. A standard is a list of features that make up a "perfect" cockatiel. Careful breeding practices based upon common goals and shared by a network of breeders is a good recipe for success. But, winning isn't the only thing that happens at shows.

Shows inherently bring together people with the same passion. Breeding ideas, aviary management, and other general care issues are often discussed and exchanged with other exhibitors. This networking brings together a community of informed breeders who can carefully breed their species and bring you a better bird as its outcome.

The showing aspect is a way breeders can get an accurate reflection of how well their breeding goals are being achieved. The accumulation of going to many shows throughout the year will often give an exhibitor a well rounded picture of his breeding program. Qualified judges can correctly evaluate birds to the standard. Disregarding conditioning aspects, a breeder can learn great things about what their birds have or lack.

The next statement I get from many folks is "I just breed for pets". Exhibition folks also breed for pets. A "wild" lovebird that can't calm down to sit on a perch will get nowhere on the show bench. Temperament is naturally bred into our birds as we want to produce not only beautiful birds on the outside but mentally stable birds on the inside. We all owe it to aviculture and to our customers to produce the best looking birds that we possibly can.

I hope you will be able to come by our bird exhibitions at today's show. Whether you are a pet owner or a breeder, the information given out at these shows can be invaluable. The comradery is great from the newest member to the most seasoned exhibitor. There is a place for every person, no matter their age or their level of experience.

See you at the shows!!!

RDCBS is pleased to introduce the Judges for our 2007 Shows

Her Honor Pat Tucker - NCS Cockatiel Show (Sat., 5/26/07)

Her Honor Deb Dollar - SPBE Parrot and IPS Parrotlet Specialty Show (Sun., 5/27/07)

His Honor Conrad Meinert - SPBE-IPS Show (Sat., 5/26/07), NFSS Finch Show (Sun., 5/27/07)\*

His Honor Cecil Gunby - NFSS Finch Show (Sat., 5/27/07)

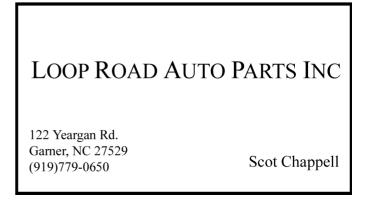
**His Honor Mike Miller -** ALBS Love Bird Show (Sun., 5/27/07)

His Honor Gary Morgan - ALBS Love Bird Show (Sat., 5/26/07), NCS Cockatiel Show (Sun., 5/27/07)\*

\*to be held on Sunday (5/27/07) at the Holiday Inn Crabtree. This second day event is strictly for showing birds for points.

For more information on the judges and the shows, please visit our Show area and ask for a booklet.





# A BRIEF HISTORY OF THE RDCBS

In the late 1970's, a Raleigh woman, Helen Brock, developed an interest in raising caged birds. By 1985, she had a large flock of cockatiels and other parrots. Over a nine-year period in which she established this flock, one fact had become clear—there was a general lack of knowledge regarding health, nutrition, housing, and other needs of many species of birds. Thus, Helen took it upon herself to organize a club comprised of caged bird enthusiasts, who could share their knowledge and experience for the benefit of all. The first meeting of the Raleigh-Durham Caged Bird Society was held in March of 1986. By the end of the first year, monthly meetings were being attended by about 10 to 15 members. Our first Pet Bird Fair was held in 1989. This fair has become an annual event which has grown with the club. Through the fair, RDCBS has raised thousands of dollars for avian research and conservation, generated national recognition for the club, and attracted many new members. Among members at-

tracted by our first fair were April Blazich and Laura Barwick. Through their efforts and efforts of several others, the RDCBS developed affiliations with several national societies, including the American Federation of Aviculture. By 1991 RDCBS organized and hosted a two-day educational seminar series on avicultural topics for a statewide consortium of bird clubs (Bird Clubs of North Carolina; BCNC). In subsequent years, RDCBS has hosted several lectures and/or lecture series by nationally recognized aviculturists, avian behaviorists, scientists, and avian veterinarians including: Sally Blanchard, Dr. Al Decoteau, Dr. Matthew Vriends, Liz Wilson, Dr. Keven Flammer, Dr. Branson Ritchie, Irene Pepperburg, Layne Dicker, Dr. Rose Marie Asterina Dr. Donald Brightsmith and Barbara Heidenrich. In 1998 the RDCBS Bird Fair/Show introduced the first NCS Affiliated Cockatiel Show, coordinated by Keith Reimer, In 2002 the RDCBS Bird Fair/Show introduced the first ALBS



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Lovebird Show, coordinated by Wendy Edwards. In 2004 the RDBS Bird Fair/Show introduced the first SPBE affiliated Parrot Show and affiliated IPS specialty show, coordinated by Ted Martin. In 2006 The RDCBS introduced the NFSS Finch Show coordinated by Jim & Sharon Dvorak. The RDCBS has depended on the hard work of many past and current directors, officers, and general members who have contributed substantially to the development and success of the RDCBS and its activities. Of course the most intensive effort of the year is our annual Bird Fair, which would not be possible without the hard work of many individuals, most notably the RDCBS Bird Fair/Show Committee Chairman, Cindy Chappell, It is our hope that individuals attending this year's fair, perhaps even for the first time, will be writing the future history of the club.



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KOONTZ REALTY CONGRATULATES THE RALEIGH DURHAM CAGED BIRD SOCIETY ON ANOTHER SPECTACULAR BIRD FAIR AND ON THE SOCIETY'S MISSION TO DONATE FAIR PROCEEDS TO WORTHY AVIAN RESEARCH!

# A SAMPLING OF RDCBS' EDUCATIONAL OUTREACH ACTIVITIES

In large part, these contributions have come from the proceeds of our 16 previous pet bird fairs. Perhaps the most important contribution the RDCBS makes to Aviculture is public education through our various educational outreach activities. These activities range from single-member, free-lance volunteer efforts to large organized club events. Many individuals in the club accept invitations to present informal programs including live bird demonstrations for school classroom projects or field trips, nursing home entertainment, etc. If your school or organization would like to host an educational bird program, call Terry Perry (919) 639-4575; tpandcharlie@embarqmail.com or April Blazich, (919) 851-8079; aprilb@bellsouth.net Of course, the largest educational program-exhibition sponsored by the RDCBS is our Annual Bird Fair, held on the Saturday of the Memorial Day weekend each May. An additional program/exhibit has become a major annual event for the RDCBS, at the NC State Fair each October.

### NC STATE FAIR:

Our participation at the State Fair developed through contacts of the Fair staff with RDCBS member. April Blazich. Several years ago. the Fair developed a Tropical Garden next to the Flower Show. At this time the Superintendent of Grounds asked April to arrange a small exhibit of some tropical birds which would add to this popular corner of the Fair. What began as the occasional-presence of two people with a bird or two on the grass has evolved into a formal exhibit in a tent, meeting hundreds of people. from 10:00 am until 6:00 pm through out the duration of the NC State Fair.



# P.O. Box 20788 Raleigh, NC 27619-0788 (919) 212-5678

# Adopt a Greyhound www.trianglegreyhound.org

# CALL FOR NEW VOLUNTEERS:

The RDCBS believes that public education is the best way to preserve and promote aviculture (the care and breeding of captive birds), to promote conservation of birds in their native lands, and to ensure that owners of pet birds have adequate knowledge to provide proper nutrition, housing, and socialization for their pets. By becoming involved as an Educational Outreach Volunteer, you can help to fulfill these educational purposes of the RDCBS. SO, ARE YOU READY TO JOIN THE RDCBS TEAM AND VOLUNTEER? HERE'S HOW – Just contact any of the RDCBS Club Board Members or Elected Officers listed in this book and we will be happy to get you started.

### ORGANIZATIONS AND PROJECTS PREVIOUSLY SUPPORTED BY RDCBS BIRD FAIRS:

Since its inception, the Raleigh-Durham Caged Bird Society has contributed over \$53,000 in support of avian veterinary research, parrot conservation, and/or public education pertaining to same. In large part, these contributions have come from the proceeds of our seventeen previous pet bird fairs.

The RDCBS has contributed to organizations such as Veterinary Colleges across the Country, Dr. Donald Brightsmith Texas A & M, Dr. Branson Ritchie, and Mary Bradford for the support of "The Tropics', LSU Foundation, Comparative Medicine Fund, Duke University, NC Zoological Society, RARE Center for Tropical Conservation, Bahama Parrot Conservation Project.

Applications for and details of the selection process for RDCBS awards may be obtained from Sharon Dvorak; TEL: (919) 266-4935; dvoraknc@netzero.com

# **VETERINARY CARE FOR YOUR BIRDS**

Sick birds may show little sign of illness until critically ill. To be prepared, you should select

a veterinarian for your bird **IN ADVANCE**. Note that a veterinary degree does not imply more than cursory training in avian medicine. Moreover, many veterinarians with small animal practices see principally dogs and cats and may have little if any experi-

ence with diseases which afflict birds. On the contrary, a veterinarian may achieve certification as an avian specialist through the American Board of Veterinary Practitioners. To become a Board-Certified Avian Specialist, a veterinarian must pass a rigorous three-part examination. Moreover, before he/she can even take the exam, a veterinarian must meet eligibility requirements which include either 6 years of experience with birds in a veterinary practice, or completion of a qualified avian residency training program (usually a 2 to 3 year program). At present, there are only three board-certified avian specialists in the Raleigh-Durham area. A larger number of veterinarians, although not certified

as avian specialists, do accept birds as part or all of their veterinary practice and, in this broad sense, are "avian veterinarians". These veterinarians are listed on the following page. Most are members of the Association of Avian Veterinarians (AAV). Note: RDCBS does not endorse any individual veterinarian.

### Ark Angels Pet Care

An in-home pet sitting service offering experienced care for birds, cats, dogs and other animals.

### Why Pet owners Hire Professional Pet Sitters

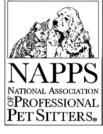
- ✓ Pets are happier and experience less stress at home.
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- a Diet, exercise, and medication routines are uninterrupted.
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Nancy Stevens - Owner

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# Veterinarians in the Raleigh Durham area who treat birds.

CITY	CLINIC/HOSPITAL	ADDRESS	NAME	PHONE
Angier	Crepe Myrtle Animal Hospital	149A Logan Ct	Dr. Barbour	(919) 639-8387
Chapel Hill Timberlyne Animal Hospital		110 Banks Dr	Dr. Malone, Kara	(919) 968-3047
Durham	Birdie Boutique	3039 University Dr	Dr. Burkett, Gregory*	(919) 490-3001
Durham	Cornwallis Animal Hospital	206 W. Cornwallis Rd	Dr. Heagren, D. W.	(919) 489-9194
Fayetteville	Northgate Animal Hospital	608 N. Mail	Dr. Brown, Jack D. Dr. Brown, Dale	(910) 822-3141
Fayetteville	Cross Creek Animal Hospital	2921 Ransey St	Dr. Blackmer, Rachel	(910) 868-1164
Raleigh	Avian and Exotic Animal Care	6300-104 Creedmoor Rd	Dr. Johnson, Dan Dr. Eckermann-Ross,C Dr. Leonatti, Stacey	(919) 844-9166
Raleigh	Brentwood Animal Hospital	3810 Atlantic Ave	Dr. Neuenschwander	(919) 872-6060
Raleigh	Bowman Animal Clinic	8308 Creedmoor Rd	Dr. Deresienski, Diane	(919) 847-6216
Raleigh	Dixie Trail Animal Clinic	3044 Medlin Dr	Dr. Brown, Virginia A	(919) 782-5977
Raleigh	Lake Wheeler Animal Hosp	2720 Lake Wheeler Rd	Dr. Grant, Sandra	(919) 829-5511
Raleigh	NCSU Avian and Reptile Service	ON CONSULT ONLY	Dr. Flammer, Keven* Dr. Degernes, Laurel*	(919) 513-6800
Raleigh	AFTER HOURS EMERGENCY CLINIC	409 Vick Avenue	On Call	(919) 781-5145
Rolesville	All Creatures Animal Clinic	312 S. Main	Dr. Hester, Grady	(919) 554-2222
Wake Forest	North Wake Animal Hosp.	2160 S. Main	Dr. Darch, Lee	(919) 556-1121
Mobile Vet	All Walks of Life	House Calls	Dr. Samuels	(919) 567-2965
Mobile Vet	Veterinary Express	House Calls Only	Dr. Rogers, Trey	(919) 577-2243

Updated as of 5/2007

### \*Denotes Board Certified Avian Specialist



# The RDCBS Wishes to extend a Heart Felt Thank You to the Following

Dr. Dan Johnson, DVM Avian and Exotic Animal Care, PA For Performing our Admission Vet Checks 844-9166 Dr. Christine Eckermann-Ross, DVM, CVA Avian and Exotic Animal Care, PA For Performing our

Admission Vet Checks 844-9166

**Catherine Marquis, Vet Assistant** For assisting with Admission Vet Checks

# JIM AND SHARON DVORAK

For coordinating and conducting the efforts of the following Groups. Thanks for your time and devotion to the RDCBS.

# THE CLEARWATER GROUP LTD

Raleigh, NC For your many generous Donations and Support

# NEW WAVE SYSTEMS, INC

Raleigh, NC For lending your audio visual equipment THE CLEARWATER GROUP LTD. CLOSING OPERATIONS STAFF Rluis Rebellar Miguel Rebellar

Andy Felton 919-878-8747

# SPICED CHICKPEAS

By Carolyn Swicegood

Soak chickpeas (garbanzos) for 8-12 hours. Stir together two cups of drained chickpeas with a quarter cup of grated Parmesan cheese and a quarter to a half teaspoon of ground cayenne pepper (depending on how hot your parrot likes them).

- Spread coated chickpeas on a large cookie sheet.
- Bake in a preheated 350 degree oven for fifteen minutes.
- Stir well and bake for fifteen more minutes.
- Remove from oven and allow to cool.

• They become crisp and crunchy after air drying for half an hour.

These spicy, roasted chickpeas are a healthful snack for both birds and owners. Try them on salads as a substitute for bread croutons.

Chickpeas provide good protein and calcium. This is one of the 4 legumes that are easier for parrots to digest (along with mung, adzuki and lentil) Cayenne is rich in calcium and Vitamins A and C, and calcium. Great for the heart, liver, arthritis, and high cholesterol.

\*\*Recipes Courtesy of Phoenix Landing Foundation, 2006 Nourish to Flourish Class

# "Nutriberries"

- 1 cup of dried UNSULPHURED fruit
- 2 tablespoon of coconut
- 1/2 cup of uncooked oatmeal

• 1/2 cup of raisins or trailmix (no sulphur, salt or chocolate)

- 1/4 cup of seeds and /or crushed nuts
- 2 Tablespoons of peanut butter
- 1 Tablespoon of honey or molasses

Blend all the dry ingredients in a food processor until chopped finely. Place mixture into a bowl, add peanut butter and honey or molasses. Mix very well and the mixture is

sticky. If mixture seems too dry add 1/2 c of applesauce. Roll mixture into small 1/2 inch ball and place on a cookie sheet. Bake at 325 for about 18 minutes. Cool and serve.

# PARROT SOUP

• Steamed veggies such as squashes, yams, carrots, greens

- Soaked grains, briefly cooked
- Sprouted legumes, briefly
- cooked
- Can also add: • Small amount of pasta
- Frozen veggies

# \* EGG PANCAKE

Do NOT use a Teflon pan! 1. Egg (can include shell) 2. Greens (e.g. kale or collard or dandelion 3. Flax oil



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# AFRICAN GREY PILAF

By Pamela Clark

1/2 cup quinoa 1 cup water 1 cup grated yams, sweet potatoes or carrots Fresh corn kernels cut from one cob 1 cup grated broccoli 1 cup grated Brazil nuts 1 cup unhulled sesame seed 1 cup canary seed mix (optional) 1 cup nestling food (optional) 1 tsp Udo's Oil blend (look at health food store for this)

Bring water to a boil and add the quinoa. After mixture has come to a boil again, cover and turn heat to medium-low. Cook for 5 min., then add carrots and/or yams. Cover again and cook for 10 minutes or until the liquid is absorbed. Turn into a bowl and mix with the other ingredients. Serve warm (no hotter than 110 degrees) or at room temperature. You can use almost any combination of fruits and veggies. Cut into squares and freeze as desired. Most parrots love this recipe, it's not just for Greys.

\*\*Recipes Courtesy of Phoenix Landing Foundation, 2006 Nourish to Flourish Class

### **PUMPKIN COOKIES (birdie bread without the** wheat)

1 egg Small can of pumpkin 1 Tbs. pumpkin pie spice 1/2 cup yogurt 1 to 2 cups oatmeal ground up into flour <sup>1</sup>/<sub>2</sub> cup ground nuts 2 Tbs. ground flax seed Form into balls or spoon onto baking sheet for cookie type shape. Bake at 350 until completely cooked through, about 40 minutes.

### **Avian Trivia** (answers at www.rdcbs.org)

- 1. What percentage of body weight does birds feathers make?
- 2. How many species of birds are there in the world?
  - a) 792 b) 4,194 c) 9.567

d) 12,114

3. How many chambers does a bird's heart have?

4. What type of Parrot did the Romans go to India and bring

back 300 years ago?

5. How many species of parrots have gone extinct since Man

d) None

6. What is the maximum speed of a chicken?

7. How many eye lids do birds have?

c) three

8.What can Cockatoos do that no other parrot can do?

9.What is a group of owls called?

10.What birds have more feathers per square inch than any

The oldest fossil of a bird found was a conure parrot dating back more than 60 million years ago in Great Britain.

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WWW.noahslanding2X2.com

# WONDER WEEDS By: April Blazich

Looking for a way to add some nutrition to your flock's diet without spending a ton? Outside your back door may be the treasure you're seeking and requires you to do no more than pick and wash!

When America was first settled, those who came here to homestead brought with them a supply of food, medicinal, and textile fiber seeds since they had no way of knowing what usable plants were available in the area they were settling. Many of these food plants were greens which could be grown and eaten during the leanest months of late winter and early spring. As it happens, some of them grew extremely well and gradually "escaped" from the cultivated garden plots into the wild, their seeds borne on the wind or by marauding wildlife. So today, millions of dollars per year are spent on eradicating some of the most nutritious of those food plants from our lawns and gardens!

Dandelions were used as a green leafy food crop, their flowers made into wine, roots into a coffee-like beverage, and the entire plant was used medicinally for a number of ailments. With the resurgence of interest in gourmet cuisine, seeds of various dandelion varieties are becoming more available and so the circle is completed with the one-time food crop returning to the backyard garden plot. You can find the best quality dandelions during the colder months of the year. As the temperatures rise, so does the bitterness in the leaves until even the critters will no longer eat them. Harvest the young leaves from areas where no chemicals have been applied for many months and away from the sidewalk, and streets where dogs may have used them. Wash them well to remove any critter contamination as well as any insects and dirt clinging to the leaves. They are excellent braised or used in soup as you would escarole, and will keep for several days in the refrigerator in a zip bag. For the birds, feed sparingly, remembering that they are a whole lot smaller than we are, and a single leaf in comparison to their body size may be as large as a bushel of greens is to us. Also remember that these greens pack a ton of micronutrients and minerals as well as the standard vitamins A and C and it's easy to overdo things.

Although different weeds grow in different parts of North America, there are several plants, such as dandelions, which are found throughout non-arid areas. Chickweed is a superb edible weed that is eagerly eaten by all the birds I've worked with from poultry and finches to cockatoos and macaws. It is a tiny, low-growing plant that grows only during the colder parts of the year and does require good levels of soil moisture to thrive. Seeds are not available for this plant, but if you transplant a young plant and allow it to flower and grow throughout one season, you should be well supplied with plants from self-sown seeds. The seeds will continue to germinate for several years which is why so many lawn experts spend so much time trying to wipe it out. This plant is used medicinally although it's a delicate salad green with edible flowers so again, avoid over feeding unless you really like emerald green poop! Many health food stores carry chickweed in a dried form and finch breeders I've know use it in their seed mixes as a source of micronutrients. If you allow it to grow, it will spread to cover several feet and does not root along it's stems, allowing you to harvest it neatly by rolling the whole plant up until you come to the tiny stem and then severing it there to avoid carrying in unnecessary dirt into the aviary. You can expect to find this plant during the Fall months and early Spring although in cooler climates it may continue on throughout the Summer in shady areas. It has a very nice fragrance as well which you only notice after you've picked it...unless your nose is 2 inches off the ground!

Another plant which can be used and is found during the slightly warmer months is the smooth leaved plantain, not the banana type, but rather a small ground-hugging plant with large smooth, heavily veined leaves in a rosette and weird thin spikes of seeds. It's another favorite nasty grass weed and is found more commonly in the Mid-Atlantic regions than in the Deep South. The younger leaves are preferred and don't use the seed stalks or the roots. Young chicory plants are very good when harvested in the earliest growth stage in spring. This is the weed commonly seen along the railroad tracks and roadsides with tall stems of blue flowers in mid to late summer. The roots can be carefully dug, potted after cutting off the top, and forced in a dark place over the winter to provide the pale salad greens we know as "Belgian Endive". This is the original form and the roots are still used today as an additive to coffee grounds, particularly in Louisiana. Seed is now available for all sorts of wild type chicories/endives and it can be easily grown in the cooler months of the year, even over-wintering in the Southern part of the country. I would not recommend feeding any parts of the roots or older plant parts, only the young leaves.

In many areas of the South you'll hear old-timers talking of the wonderful flavor of "poke salad" or young pokeweed sprouts. While it's true that there are delicious when properly prepared, it's also true that the vast majority of the plant is poisonous and unless you are experienced with it, don't be tempted to use it for yourselves or your birds. There are plenty of other good things around such as the very earliest cresses, peppergrasses and other members of the mustard family. These tiny plants are some of the earliest greens to grow in spring and will only get as large as the circumference of a teacup at best. They have a delicious sharp peppery flavor and are a welcome addition to a bland lettuce salad in February and March. In Southern areas, a large version of this is sold as "creasy greens" or simply as cress and this is the land equivalent of watercress. It's hard to find enough of this to feed a large flock so you may be better off sowing some early cress seeds, rape, or mustard greens for your birds instead.

# **WONDER WEEDS (continued)**

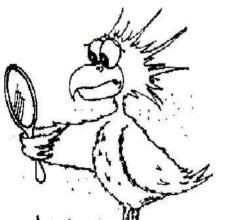
Later on into May, June and beyond, weed plants such as purslane and lamb's quarters will sprout in many gardens. Purslane is a very old European salad green which has thick, succulent leaves and is another ground-hugger with a slight citrusy flavor. Seeds are available for this green. Lamb's Quarters are related to spinach but have silvery, almost powdery looking leaves and can grow very tall (over 3 feet). The lamb's quarters are useful for organic gardeners because they attract undesirable insects, allowing the desirable crops to grow without bug problems. They are eaten cooked, but the youngest sprouts can be fed to birds as a raw treat. They are closely related to spinach. Various amaranths can also be grown as summer greens and seeds are available from many sources.

A rather unusual spinach substitute for summer can be grown in hanging baskets and as a vine in large pot, producing large amounts of greens before Frost. This is Malabar spinach, a vine from India that is widely used throughout the Epcot Center as a space-saving food/ornamental crop. Seed is available from a number of sources and it can be eaten both raw and cooked by both people and birds. It grows slowly at first but when the hot weather arrives, it can produce additional shoots from every leaf node and cover large areas of trellising or fencing very quickly. Fortunately it is killed by frost and the seeds cannot survive our cold winters or it would be another kudzu here in the South. Of course, kudzu was also brought here as an edible plant and it is widely used as such in the country of origin, Japan.

The common violet seen during the spring months is also edible, both the leaves and the flowers and contains huge amounts of vitamin C, so much so that care needs to be taken not to feed but a little bit of the leaves. The leaves and flowers can be used sparingly in salads, the flowers having a sweet taste. For those feeding vegetarian or semi-vegetarian reptiles, the early leaves and particularly the flowers are eaten with enthusiasm and provide some welcome change in the diet. Sorrel leaves are also excellent sources of vitamins C and A, and have a pleasant lemony, acid flavor. They can be used in both soups and salads in early spring before they flower.

As you can see, there is a huge selection of edible plants available to the savvy aviculturist, and many more exist than I have listed here. There are many cultivated plants in our flower gardens and perennial beds that can also be used to vary the diet of both bird and human, but that's the stuff of another article! Bon Appetite!!

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> For more information and to make an appointment Call Melody Appleby (919) 772-7234 (By Appointment only)

# EMERGENCY/DISASTER PREPAREDNESS FOR OUR BIRDS (and other pets)

### By: Laura Marquis

There are many types of emergencies we as bird owners may encounter. While we can not think of every possible misfortune that may occur, there are some basics we can have on hand to help us, and our FIDS (Feathered Kids) on the occasion of an emergency or disaster.

### In Case of an Emergency or Disaster

Have a travel carrier/cage (cat and dog carriers work great) put together and stored under or near your birds cage for quick easy access. Have food/water bowls in the carrier ready to go. Have a towel to place over carrier to help protect from smoke inhalation should there be a fire and to help keep your bird calm.

Have an animal rescue sticker on an exterior window or door of the room your bird is living. Some shelters, rescues or fire stations have these available.

Have your veterinarian information taped to the carrier, and in your emergency kit (listed below). Also have your name, address and phone numbers taped to carrier in case you become separated from your bird. To ensure the information is permanent, write it directly on the carrier with a permanent marker.

Have Gloves, a towel and or a net on hand to pick up your bird from its cage. While we know our birds love us and trust us, in a state of emergency they will be frightened and will likely bite out of fear. There may not be time for coaxing your fid from his/her cage.

Make a plan ahead of time. Designate a person in your family to retrieve your bird if it becomes necessary. Just as we plan for escape routes in case of fire we need to plan for our birds as well. If you have several birds like many of us do, designate different family members to retrieve specific birds. Go over your plan at least once a year (as you would with your family with a fire escape plan) to be sure everyone knows the steps they are responsible for. Remember organization can make a hugh difference to survival.

Hopefully we all have our designated area to go to in case of tornadoes or hurricane, and hopefully we have an emergency kit packed and refreshed each year in case we have little to no warning. We also need to pack an emergency kit for our birds and other pets.

Fresh water (enough for 7 days) Food (pellet/seed) (enough for 7 days) Paper Towels Toys to distract birds Plastic zip top baggies Hand Feeding Formula and Syringe in case hand feeding is necessary. Bleach to disinfect surfaces if needed Athletic Hot Packs to keep your bird warm if it becomes sick injured or the temperature is cold. A Critter Keeper with a hand towel in the bottom in case you need to make a temporary hospital bed for your bird. Your Veterinarian's phone number Your First Aide Kit Extra News Paper to change their carriers.



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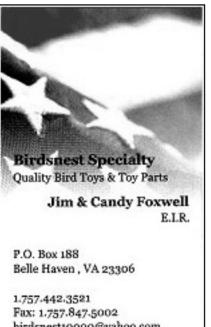
# **EMERGENCY/DISASTER PREPAREDNESS FOR OUR BIRDS (cont.)**

To create a first aide kit you need the following.

- A tackle box or other water proof container to keep supplies in
- Hydrogen Peroxide
- Antibacterial Soap
- Antibiotic cream
- Dawn ™ Dish Soap (gentle and removes grease and oil)
- Paper Towels
- Cornstarch, Septic Powder such as Quik Stop ™
- Athletic Gel Heat Packs (have several, incase you can not get to help right away)
- Hand Feeding Formula
- Syringes
- Pedialyte ™ (this has electrolytes to help avoid dehydration)
- Tweezers
- Hemostats
- Scissors
- Cotton Balls and swabs
- Gauze
- Veterinary tape (does not stick), medic wrap works well too.
- Telephone number of Animal Poison Control
- Emergency Avian Veterinary Service telephone number
- Primary Avian Veterinarian telephone number
- Note Pad and Pen to take notes

A handbook on basic stabilization of injury (not to be used as a replacement for veterinary care).

While we all hope that we will not need to use any of this information, it is better to be prepared, just in case, rather than have to try and gather the necessary items during an emergency.



rax: 1.757.847.5002 birdsnest10000@yahoo.com www.birdsnestonline.com





# Mother Parrot's Advice to her Children

Translated by A.K. Nyabongo Ganda, Africa

Never get up till the sun gets up, Or the mists will give you a cold, And a parrot whose lungs have once been touched, Will never live to be old. Never eat plums that are not quite ripe, For perhaps they will give you a pain: And never dispute what the hornbill says, Or you'll never dispute again. Never despise the power of speech: Learn every word as it comes, For this is the pride of the parrot race, That it speaks in a thousand tongues. Never stay up when the sun goes down, But sleep in your own home bed, And if you've been good, as a parrot should, You will dream that your tail is red.

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# Getting off to a Great Start with your New Feathered Family Member

Article written by Virginia Brown, DVM and Lori Perrow, DVM Dixie Trail Animal Clinic

Thinking about buying a bird? Already own a bird but want to know more? Owning a bird can be a fun and entertaining experience, but does require some basic knowledge in order for your bird to remain happy and healthy. Pet birds are dependent on us for food, water, and a clean place to live. Because they are flock animals, they also rely on us for companionship and so-cialization.

The majority of birds live in a cage when unsupervised, although many birds are lucky to have plenty of supervised play outside the cage. Cages should be as large as possible, allowing birds to stretch their wings and move around without damaging their feathers. Bar spacing should be kept in mind when buying a cage-- bigger cages have wider bar spacing, and smaller birds may be able to slip through the bars and escape. Round cages make feathers more susceptible to damage, so a rectangular cage is recommended. A substrate of newspaper or paper towels is preferred, since corncobs can harbor fungal organisms that can harm a bird.

Intellectual and physical stimulation are very important for a bird's mental and physical health. Many types of a bird's unfavorable behavior, such as excessive screaming and biting can be prevented or treated with more interaction with people and toys. A variety of toys should be provided in and out of the cage. Because birds forage for their food in the wild, many bird owners provide food supplied in toys or containers that require the bird to destroy the container in order to get to the food.

When pet bird diets were originally formulated, a seed-based diet was considered best. With continued research, seed diets were found to be deficient in various vitamins and minerals vital to a bird's health. Pellet-based diets are now recommended. These diets are formulated to be a complete diet, although seeds as treats are still encouraged.

Illness in birds can be a difficult thing for even the most perceptive owner to detect. Because pet bird species are prey animals in the wild, it is very important that these species hide their illnesses as much as possible. A sick bird in nature does not last very long! Sick pet birds may vocalize less, sleep more, sit on the bottom of the cage and/or have abnormal droppings. If any of these signs are observed, a sick bird should be seen by a veterinarian.

Annual examinations, blood collections for DNA sexing, microchiping, screening for disease (such as Beak and Feather and Polyoma virus), chronic feather picking can be scheduled in advance without urgency. If you need a health certificate to travel, you will need to schedule it in advance within a specific time frame depending on the place you will be going.

Acute feather picking, not eating, sitting "fluffed", vomiting and/or regurgitation are signs that you pet should come in the day you notice the change. If your bird has watery droppings, is coughing/sneezing, or has discharge from the eyes or nares, you need to make an appointment within 24 hours.

If you find your pet bird needs immediate attention, call your veterinarian so they may be prepared, and put your pet in a container that will keep him/her warm for the trip.

Here are a few of the times you birds should be seen immediately:

- Lying on the bottom of the cage
- Labored breathing
- Eye injury
- Cat or dog induced injury
- Head trauma or blunt trauma to the body
- Open wounds and fractures
- Foreign body ingestion
- Bleeding nails and broken blood feathers
- Seizures
- Sick baby bird

It is always a good idea to have you avian veterinarian's phone number handy along with directions if someone is caring for you pet while you are out of town.

# Avian Adventures Cages - Wingabago's



# The RDCBS Leg-band Directory:

In order to encourage the use of closed leg-bands by RDCBS members who breed birds for sale, and to facilitate the tracking of lost-and-found birds which have originated from its members, the RDCBS has compiled the accompanying Directory of members who raise closed-banded birds, and the leg band breeder-codes used by these members.

**How to Decipher the Information on a Leg-band**: Whatever its source, a leg-band is embossed with the following three items of information: 1) the year of issue, 2) the breeder's assigned code, and 3) the individual number of the band issued in a given year. In addition, bands issued by a society will contain the initials of that society. Bands issued commercially, for example by the L&M Company, will not contain society initials but may contain the initials of the State, e.g. NC, in which the breeder resides. The abbreviations for various societies issuing bands are as follows:

ABS—American Budgerigar Society

ACS—American Cockatiel Society

AFA—American Federation of Aviculture

ALBS—African Love Bird Society

NAPS—North American Parrot Society

NCS—National Cockatiel Society

SPBE—Society of Parrot Breeders and Exhibitors

The L & M Bird Leg Band Company sells bands showing the initials of the breeder's state, e.g. "NC"

For additional help in tracing breeders' codes which are not in our directory, check with the editor.

# Raleigh-Durham Caged Bird Society Members Who Band their Birds

### Name City/State Phone Email Band Codes

Angelo, Manon Cary, NC 919-303-5233 info@wingspanaviaries.com AFA, WSA-NC Barwick, Laura Raleigh, NC 919-876-8192 lbirdog@hotmail.com NFSS- LTB, SPBE- LTB Blazich, April & Family Raleigh, NC 919-851-8079 aprilb@bellsouth.net SPBE- APR Boos, John Creedmoor, NC 919-528-3161 johnboos@hotmail.com Non-Club- APA, BBB Cargain, Karen, Jack Cary, NC 919-467-8736 bbnbirds@mindspring.com Non-Club-BNB Chappell, Scot, Cindy Raleigh, NC 919-779-1206 C7791206@mindspring.com SPBE- STE Creedle, Barbara R. South Hill, VA 804-447-3915 ABS-BRC, NCS-01C Dvorak, Sharon, Jim Knightdale, NC 919-266-4935 dvoraknc@netzero.com Non-Club AFA, NGC, ASC, UTB Edwards, Wendy Raleigh, NC 919-850-2180 CarolinaFlight@aol.com ALBS-TWP, NCS-02P Feiner, Angela, Siler City, NC 919-544-4009; Angibird@JUNO.COM AFA, DBK Fortin, Toni Wilson, NC 252-291-5669 feathers@bbnp.com Non Club-TFF Huegerich, Leslie Fuquay-Varina, NC 919-552-6312 klaviary@showtiels.com NCS-70L, IPS-KLH Jarrell, Randall Pittsboro, NC 919-210-2500 RCJ NC Marquis, John, Laura Raleigh, NC 919-266-0906 info@riverbankaviary.com Non Club-RBA Martin, Ted Moncure, NC 919-545-0972 ted@avianzoo.com SPBE- AGA, AZA Perry, Terry Fuquay-Varina, NC 919-639-4575, tpandcharlie@embarqmail.com RW NC Rau, Bill, Nancy Bunn, NC 919-496-2649 brau@jpass.net NCS-54R Reaves, Jo Ohatchee, Al 256-892-2204 Reaves 36271@aol.com NCS-16R Saunders, Susan, Billy Weaverville, NC 828-658-6259 Susanncs73S@charter.net NCS-73S, ACS-195S, Whitney, Gay, David New Bern, NC 252-637-4238 gaywhitney@aol.com ACS-26W

If you would like to search for more information on your bird through its leg band id log onto www.LegBandNumbers@yahoogroups.com www.NCbirdlegband.info

### To report a lost or found bird log onto www.911ParrotAlert@yahoogroups.com

\*\*\*To Add your name to this list, please contact the Show Program Editor. Laura Marquis laura@jamcosys.com



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Cages/Toys

Accessories

# Cross Wing Puzzle (answer at www.rdcbs.org)

### ACROSS

- 3 Found in Africa
- 5 Largest Parrot
- 7 A type of feather
- 10 When an egg has a baby inside it is
- 12 A birds largest predator
- 13 Another name for a birds beak
- 14 Another name for parrots
- 16 Where parrots are most commonly found in the wild
- 18 Found on top of a cockatiels head
- 19 Polly wants a

### DOWN

- 1 What birds like to chew
- 2 Found in Australia
- 4 Where your bird goes for a check up
- 5 Only parrots have these
- 6 Extinct parrot native to North Carolina
- 8 Smallest parrot
- 9 When a baby bird leaves it's home
- 11 A change or variation in feather coloration
- 15 The main stem or midrib of a feather
- 17 Where to learn about birds (abbr)



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# **BASICS OF CHOOSING THE RIGHT CAGE**

What type of cage should I provide and how should I set it up? The cage will be your bird's home. It provides a place to live, security and comfort. A bird's physical and mental health is also dependent on their homes. The cage should supply the following:

- "Room to stretch" meaning the cage should be large enough for the bird to completely stretch and flap its wings without touching any part of the cage. The largest cage one can possibly afford is always best.
- A cage door large enough for the bird to enter and exit easily. You will be glad you spent a little extra money on this feature. Many cages suitable for small birds come with "guillotine" style doors. Not the best choice in door styles, these can usually be altered to open out to the side instead of sliding up and down.
- Food and water dishes. These should be placed conveniently near but not directly below perches. If placed in the smaller type doors that hold food and water cups its important not to place a perch over the dishes. This will prevent the birds' droppings from contaminating the food and water. The dishes should be cleaned with soap and water at least twice a week. Water can also be kept clean by converting to the use of a water bottle such as those used for other small animals. Water bottles, including the tube should be scrubbed with a bottle brush, soap and water twice a week as well.
- A removable tray at the bottom is preferable for easy cleaning. For the benefit of you and your pet bird, cleaning and disinfecting the cage should be done at least once a week. This is important to prevent illness.
- No sharp objects, loose or broken cage wires, or rough edges.
- A rectangular shaped cage will be much preferred by parrots. Cylindrical, tall shapes (or tall, round shapes) are not as functional due to the fact that parrots move from side to side, not up and down. Additional height may be necessary if your parrot has a long tail.
- Birds need at least 10 to 12 hours of sleep each night without disturbances. A cage cover will help accomplish this.

### ABOUT BAR SPACING

Bar spacing should be narrow enough so that the bird cannot poke its head through the bars.

### ABOUT PERCH SIZES

Your bird's foot should be able to wrap around to cover approximately 2/3rds of the perch. Be sure to place the perches far enough apart that their tails do not touch the sides of the cage or other perches. This will prevent damaged or broken tail feathers. Place one perch in front of their food/water dishes to ensure them a comfortable place to sit while eating and drinking.

Type of Bird	Bar Spacing Width
Parrotlets, Parakeets	
Lovebirds	1/2 inch apart
Cockatiels, Conures,	
Lories and Senegal's	1/2 inch to 3/4 inch
African Grey, Amazon	
Macaw and Cockatoo	<sup>3</sup> / <sub>4</sub> inch to 1 <sup>1</sup> / <sub>4</sub> inch

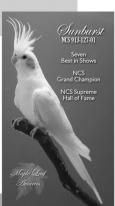
Type of Bird	Perch Size
Finch to Parakeets	1/2 inch to 1 inch
Lovebirds, Cockatiels Conures, Pionus and Lory	¾ inch to 1 ½ inch
Amazons, Mini Ma- caws Eclectus and Cocka- toos	1 ½ inch to 2 ½ inch
Large Cockatoos, Large Macaws	2 inch to 3 inch

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# The S Files

### SUCCESS WITH LEE: ROCKX: LOUD REPETITIVE VOCALIZATIONS

### Reported by Lee McGuire and Susan G. Friedman, PhD

The S Files are real case studies of behavior challenges faced by companion parrots that were successfully resolved using systematic change strategies, without force or coercion. In all cases, the interventionists are the parrots' actual caregivers. Many of the caregivers have little or no prior experience applying the teaching technology of applied behavior analysis but all of them have a strong commitment to changing behavior with the most positive, least intrusive effective strategies. The S Files are not behavior-change recipes. Train-by numbers approaches often fail because every bird is a study of one and every relationship and setting is unique. However, the steps used in these case studies can provide the scaffolding to better understand, predict, and change behavior with your own parrots or those with whom you work. Appreciation and admiration is extended to the many caregivers described in the S Files for their willingness to share their dedication and behavior programs here. This S file describes a recent intervention implemented by one of the authors' own birds.

### MEET:

Lee McGuire: Caregiver

Rockx: Approximately 13 year old, Moluccan Cockatoo

**RELEVANT BACKGROUND:** In July of 2006, Rockx's previous caregiver arrived at the difficult decision to find Rockx a new home in order to provide a better quality of life. Rockx arrived in my home carrying with him a behavioral history that had worked for him in the past. Included in his past behavioral repertoire were excessive and sustained vocalizations; general apathy (inactivity); biting male family members; feather destructive behavior; repetitive circling on his perch ending with a loud vocalization plus a 30-45 second delay (latency) before he would step-up. Rockx is fully wing-feathered but he does not fly. In his former home he was a single bird housed either alone in a bird room or on a stand in the living room. He now lives with three other parrots, two dogs and a cat.

I. TARGET BEHAVIOR—What is the one problem behavior you want to change? Describe it in unambiguous, observable terms.

Rockx vocalizes loudly and repeatedly during the day and at bedtime. At the most, one, sometimes two, seconds elapse between loud calls. This behavior can last anywhere from 1 minute to 30 minutes. Rockx also exhibits repetitive circling behavior on any perch. He will circle in one spot 2 times. Just before he puts his right foot down to complete the third circle, he emits a loud screech. Without intervention, this behavior can last for up to an hour.

**II. ANTECEDENTS**—What events or conditions immediately precede the behavior that may set it off? Specifically, consider the following possibilities:

GENERAL: Rockx is left alone.

### A. WHEN is the problem behavior most likely to occur?

1. When Rockx has had no caregiver contact for more than one hour and is not actively engaged in playing with toys, foraging for a portion of his daily food intake, preening or napping. 2. With the exception of paper and wooden toys, when new events or situations occur. 3. When put to bed at night. 4. When the doorbell rings. 5. When one of the other parrots flies "over" rather than flies "by" where Rockx is perched. 6. When Rockx sights any outside bird no matter the size or airplane in the sky.

### B. WHERE does the problem behavior occur?

In any location when there has been little direct caregiver attention or interaction for variable times or when one of the three parrots flies over his head. When outdoors, if wild birds or high flying planes that pass overhead Rockx screeches loudly.

### C. WHO is present when the problem behavior occurs (people and pets)?

The vocalizations occur when I or other family members are present including my brother, two dogs, a cat and 3 other parrots.

### D. When is the parrot most successful, that is, when doesn't the problem behavior occur?

When Rockx is receiving direct caregiver attention, chewing up wooden blocks, shredding paper, investigating the cage or play tree, preening or napping.

**E. How might the behavior relate to behavior in the wild?** In the wild, the vocalizations may serve communication purposes including contact calls with mates or peers, general alarm calls or attraction of mates.

# The S Files (continued)

III. CONSEQUENCES—What is the purpose or "payoff" for engaging in the behavior?

A. Positive reinforcers gained: Social: Petting and interaction with caregiver Item or Activity: Proximity to Lee. Sensory Feedback: Automatic sensory reinforcement for vocalizing and petting received from caregiver.

### B. Negative reinforcers removed, escaped or avoided: Social: Avoids being alone

IV. SUMMARY - FUNCTIONAL ASSESSMENT OF THE INITIAL PROBLEM BEHAVIORS:

A: Background: Rockx has been left alone for a period of time
 Antecedent (A): One hour of no attention; not engaged in an activity
 Behavior (B): Rockx vocalizes loudly
 Consequence (C): Lee provides attention
 Prediction of future behavior if nothing changes: Rockx will continue to vocalize to get Lee's attention.

Background: Lee is in the room the same room as Rockx.
 Antecedent (A): One hour of no attention; not engaged in an activity
 Behavior (B): Rockx circles 2 times then screeches
 Consequence (C): Lee provides attention
 Prediction of future behavior if nothing changes: Rockx will continue to screeche

V. REPLACEMENT BEHAVIOR—What alternate behavior(s) would meet the same function for the parrot? What behavior(s) do you ultimately want the parrot to do?

Pleasant vocalizations can both meet the function that screaming and circling serves and is the ultimate desired behavior.

Continued on page 22.



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# The S Files (continued)

VI. PRELIMINARY STRATEGIES—How can you adjust the environment, including what you do, so that the behavior doesn't occur in the first place? What behavior can you teach or re-teach so the parrot can successfully demonstrate the replacement behavior?

Antecedent Changes to	Consequence Changes to Reinforce	New Skills and Teaching Strategies
Pre-empt the Behavior	Alternate Behaviors	
<ul> <li>Place the cage in a location where Rockx</li> <li>is included as part of the family and has the opportunity to interact with both humans and other parrots throughout the day.</li> <li>Put caregiver interaction with Rockx on a schedule so that he will learn when Lee's direct attention is available, when it's not, as well as when it's time to go to sleep.</li> <li>Take Rockx for a walkabout and sing a song to him just prior to bedtime.</li> <li>Add multiple foraging and toy opportuni- ties to the cage increasing the complexity as each one is mastered.</li> <li>Modify cage interior, and tree/stand configurations to increase the probability of successful toy and foraging opportunities.</li> <li>Increase amount of exercise Rockx gets through the use of targeting, flapping exercises, climbing ropes/ apparatus and running games.</li> <li>Place the kitchen tree in such a way that Rockx can observe activities but is not close enough to be alarmed by any of the activities but close enough that he can observe all the action and choose where or not to join in the activities. Move stands closer depending on safety and interest. Repeat in other rooms of the house.</li> <li>Position the cage such that Rockx might observe the active 25 year old Mitred conure foraging, interacting with, and picking up, toys in the cage.</li> </ul>	<ul> <li>Reinforce each, and every, pleasant sound (talking, whistling, soft quiet vocalizations)</li> <li>that Rockx makes by providing immediate attention and by answering contact calls.</li> <li>Reinforce longer durations of toy playing, foraging activities and independent play with a moment or two of direct attention.</li> <li>Throughout the day, provide a few sec- onds</li> <li>of direct attention in the form of a few words or a quick pet while Rockx is engaged in any activity that does not involve loud vocalizations.</li> <li>Leave the room, withdrawing Lee's attention each time Rockx makes loud and repetitive vocalizations. Say "Goodbye" to mark problem vocalization followed immediately by withdrawal of my attention.</li> </ul>	<ul> <li>Shape nearness to new objects, and situations, in the home environment both inside and outside.</li> <li>Increase the frequency of step-ups asked for ensuring that the outcome is not always a return to the cage, tree or being left alone.</li> <li>Teach Rockx to climb ropes, and rope type activity centers to increase the overall amount of exercise he gets as well as increase the amount of positive reinforcement available.</li> <li>Teach Rockx to target and "recall" which will provide increased running exercise and more reinforcement.</li> <li>Put the "circling" behavior on cue, and slowly, over a period of time, fade offering the cue.</li> </ul>

### **VII. PRINCIPLES, PROCEDURES AND OUTCOMES**

After a few days of observation and data collection, I developed a systematic, multifaceted strategy to replace two of Rockx's problem behaviors - screaming and circling. While the change of homes was undoubtedly stressful to him. I made every effort to allow him the opportunity to make choices in his new surroundings always keeping a watchful eve on any body language he emitted. Any "escape" or "avoidance" movements that might indicate fear or discomfort were noted and the plan modified accordingly. In other words, I systematically desensitized Rockx to new rooms, movements, sounds and household objects by never going further than his comfort level, as evidenced by relaxed stance, eyes and feathers. Nearness to new toys, animals, play stands and trees were carefully shaped using tiny approximations of the final desired target behavior. Praise, petting, pine nuts and almonds were used as reinforcers. Numerous antecedent changes were necessary for this intervention. One of the setting events for Rockx behavior that I altered was positioning the cage in a high traffic room where interaction with family members was assured. Rockx was put on an "attention schedule" that allowed him to learn when both ambient and direct attention would be available. That type of schedule allowed him to relax and engage in other activities at other times of the day, rather than anticipating unpredictable attention. Another type of antecedent that I put to good use is known as an Establishing Operation (EO). EOs change the relative value of the reinforcer that follows behavior either increasing or decreasing that reinforcer's strength. In this case, I took Rockx on a walkabout providing lots of direct attention prior to bedtime. This strategy allowed Rockx to fill up on my attention prior to going to bed thereby reducing the likelihood of vocalizing for more attention. As can be seen from the Functional Assessment in Part IV, caregiver attention maintained the excessive vocalizations. In the morning, late afternoon and evening, I would spend about 10-15 minutes teaching Rockx new, or reviewing old, behaviors such as recall, climbing, targeting, wings out, turnaround, step-up.

# The S Files (continued)

### VII. PRINCIPLES, PROCEDURES AND OUTCOMES (continued)

The effect on Rockx was twofold. He would be getting more caregiver attention plus receive greater amounts of positive reinforcement for learning new behaviors or performing old ones better. As well, a fresh daily supply of wooden, and paper, chewables were made readily accessible. As Rockx activity increased, I very slowly shaped moving more and working longer in order to engage interactively with the toys. This helped Rockx build up some stamina in preparation for activities such a rope climbing and running. You may be asking yourself why exercise would be a component of any plan that purports to reduce excessive vocalizations. A bird that is tired from exercise is less likely to engage in maladaptive behavior such as excessive vocalizations. Additionally, the exercise itself can become an intrinsic positive reinforcer. Positioning Rockx cage next to an active 25 year old Mitred conure who makes good use to the entire cage, inside and out, allowed observational learning to take place. Rockx was observed carefully watching the conure removing and interacting with toys from the toy basket on the floor of his cage and then copying the behavior. I further used to two types of Differential Reinforcement to change Rockx' behavior. Differential Reinforcement of Incompatible (DRI) behavior was used to rapidly reduce excessive vocalizations. The principle behind DRI is that Rockx can't loudly vocalize and talk, whistle or speak softly at the same time. When Rockx receives more attention from me, a positive reinforcer for him, for the less "noisy" behaviors those sorts of vocalizations will occur more often as they require less effort than loud sustained screeches along with garnering the attention reinforcer he was seeking. I also implemented a Differential Reinforcement of Alternative (DRA) strategy for interacting with foraging toys and shredding. Rockx can still loudly vocalize while chewing and foraging but if the reinforcement is sufficient - he will not. The key component was adding attention, his reinforcer of choice, in careful amounts and then fading the amount of attention as time past. I ensured that Rockx initially had easy access to chewing and foraging opportunities and then slowly increased the duration and complexity necessary to obtain the reinforcer. Finally, I used time out from positive reinforcement (TO) by standing up and leaving the room whenever Rockx began to vocalize. Attempting to remove the bird may have inadvertently reinforced his screaming. TO is the temporary withdrawal of access to reinforcement to decrease the behavior that it immediately follows. It is a mild form of punishment (behavior decreasing procedure) in the scientific terminology of Applied Behavioral Analysis. I improved the immediacy with which I delivered the TO by marking the problem vocalizations with the word "Goodbye." After approximately 20 trials, Rockx would cease both circling and vocalizing as soon as I said "Goodbye" while I continued to follow through by leaving the room for a short time. Adding "Goodbye" guickly became a marker for Rockx that it was the loud, repetitive vocalizations that was causing my removal. He quickly learned the contingency: Screeching = goodbye = Lee leaves.

### **VIII. FOLLOW-UP**

Within the first two weeks loud vocalizations dropped radically. Five months later, I am very pleased to report that Rockx no longer vocalizes loudly and repetitively throughout the day or at bedtime. Rockx's contact call is a soft vocalization, a whistle or "Hi Rockx" and the circle/screech behavior has reduced to once every week or so. He is now playing and chewing more as well as becoming more confident, resilient and investigative as each day passes.

Lee McGuire has partnered with parrots in an ongoing quest to establish effective communication with, and understanding of, various species for over 30 years now. Initially, her interest in behavior modification stemmed from the arrival of a biting, screaming and phobic Mitred conure which lead to ongoing learning about behavior modification strategies that she felt comfortable with. The discovery of Applied Behavior Analysis and the realization



that these strategies could be used not only to modify existing behaviors but for enrichment as well truly piqued her interest. Lee has a special interest not only for good psittizenship in the home behaviors but husbandry and medical applications as well, especially physiotherapy. For the past two years Lee has had the good fortune to be able to act as a Teaching Assistant to Dr. Susan Friedman Ph.D three times per year in her online course "Living and Learning with Parrots". Susan G. Friedman, Ph.D., is a psychology professor at Utah State University. An applied behaviorist for more than 25 years, her area of expertise is learning and behavior, with a special emphasis on children's behavior disorders. Prior to living in Utah, Susan was a professor at the University of Colorado after which she lived in Lesotho, Africa for 5 years. While there, she directed the first American School of Lesotho. Susan has written on the topic of learning and behavior for popular parrot magazines and is the first author on two chapters found in G. Harrison's Avian Veterinary Compendium and A. Luescher's Manual Parrot Behavior). Several of her articles can be found on the web at www.thegabrielfoundation. org/HTML/ friedman.htm. Susan has taught animal behavior workshops with Steve Martin at his ranch facility (see www.naturalencounters.com) and several zoos around the country; speaks at bird clubs and conferences; and is a core member of the California Condor Recovery Team. Her well-attended on-line course, "Living and Learning with Parrots: The Fundamental Principles of Behavior", is described at www.behaviorworks.org. When asked how she became interested in working with companion parrots in particular, Susan explains with a wink, "I have always enjoyed working with juvenile delinquents."

# RALEIGH DURHAM CAGED BIRD SOCIETY MEMBERS—MAY 2007

### How to read the notes section of the member listing

The notes for each member contain abbreviations of the types of birds that members own or breed. A "b" after the abbreviation indicates the member breeds that bird. An "s" indicates the member shows that species in competitions.

member breeds that bird. 7m 's				P · · · ·						
Name	Abbr	Name		Abbr	Name	Abbr	Name	Abbr		
African Grey, Congo	CAG	Cockatoo, Major Mit		MM2	English Budgies	EB	Macaw, Severe	SVM		
African Grey, Timneh	TAG	Cockatoo, Moluccar		M2	Finch	FN	Macaw, Yellow Collared	YCM		
Amazon	AM	Cockatoo, Red Ven		RVC	Finch, Plumhead	PFN	Parakeet	KEET		
Amazon, Blue Crown Mealy	BCMA	Cockatoo, Rose Bre			Finch, Zebra	ZFN	Parakeet, Alexindrine	AP		
Amazon, Blue Front	BFA	Cockatoo, Sulpher-		SC2	Grass Keet, Rosy Bourke	RBK	Parakeet, Indian Ring Neck	IRN		
Amazon, Double Yellow Head	DYH	Cockatoo, Umbrella		U2	Lorry, Rainbow	RL	Parakeet, Lineolated	LP		
Amazon, Lilac Crowned	LCA	Conure, Blue Crowr		BC	Lovebird	LVB	Parakeet, Red Rump	RRP		
Amazon, Mealy	MA	Conure, Cherry Hea		CHC	Lovebird, Black Cheeked	BLB	Parrot, Brown Head	BH		
Amazon, Orange Winged	OWA	Conure, Gold Cappe	ed	GCC	Lovebird, Fischers	FLB	Parrot, Hawkheaded	HH		
Amazon, Red Lored	RLA	Conure, Green Che	eked	GC	Lovebird, Peach Faced	PLB	Parrot, Jardine	JP		
Amazon, White Fronted	WFA	Conure, Half Moon		HMC	Macaw, Blue and Gold	B&G	Parrot, Meyers	MP		
Amazon, Yellow Naped	YNA	Conure, Jenday		JC	Macaw, Blue Throated	BTM	Parrot, Quaker	QP		
Bourke, Rosie	RB	Conure, Nanday		NC	Macaw, Buffons	BM	Parrot, Senegal	SP		
Caique	CQ	Conure, Red Maske	ed	RMC	Macaw, Catalina	CM	Parrotlet	PAR		
Caique, White Bellied	WCQ	Conure, Sun		SC	Macaw, Green Wing	GW	Parrotlet, Green Rump	GPL		
Canary	CAN	Crimson Rosella		CR	Macaw, Hahns	HM	Parrotlet, Pacific	PPAR		
Cockatiel	TIEL	Dove		DV	Macaw, Hyacinth	HYM	Pidgeon, Jacobin	PJ		
Cockatoo	TOO	Dove, Diamond		DD	Macaw, Illiger	IM	Pionus, Blue Head	BP		
Cockatoo, Eleanora	E2	Eclectus, Grand		GE	Macaw, Military	MM	Pionus, Bronze Wing	BWP		
Cockatoo, Goffins	G2	Eclectus, Soloman I	sland	SIE	Macaw, Red Front	RFM	Pionus, Maximilian	MMP		
Cockatoo, Lesser Sulpher-Crested	LSC	Eclectus, Vosmaeri		VE	Macaw, Scarlet	SM	Pionus, White Capped	WPI		
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BLACKMER, RACHEL & TIM		ETTEVILLE, NC	(0.0) 0.			WILDLI	IFE REHABILATOR, AVIAN M	EDI-		
BLAZICH, APRIL (AFA)	RAI	EIGH, NC	(919) 85	1-8079	aprilb@bellsouth.net	TIEL F	N-b			
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BROWNE, BECKI	RAL	EIGH, NC			parrot.lady@hotmail.com	CAG				
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			· · /							
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FRANCIS, MIKE & KAYE	ULA	YTON, NC	(919) 55	03-4710		AM B&	0			

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MANNING, EDWARD	DURHAM, NC	(202) 101 0000	wizardgate@aol.com	
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MARQUIS, JOHN & LAURA	RALEIGH, NC	(919) 266-0906	info@riverbankaviary.com	RIVERBANK AVIARY RB-b TIEL-b U2 CHC JC-b RBK-b LVB B&G-b MM-b SVM-b YCM-b
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MORGAN, JAMES & LERA	CARY, NC	(919) 469-8208	jcotty@earthlink.net	CAG TOO B&G SM
MORGANELLI, NICK & SANDY	WINSTON-SALEM, NC	(336) 924-1623	birdmann@triad.rr.com	
MOSER, ELLEN	RALEIGH, NC	(919) 847-8564		CAG CQ TOO SIE GW IM HH
MUNKS, LISA ANN	DURHAM, NC	(919) 599-8096		GC FN-b FN BWP
NELSON, STACY & BILL	RALEIGH, NC	(919) 848-6103		TIEL
O'CONNOR, HEIDI	GARNER, NC	(919) 661-3448	hoconnor@trisure.com	AM JC CM
PAIGE, ANDREA	HOLLY SPRINGS, NC	(919) 567-3430	addison832@gmail.com	TIEL GC KEET
PATTERSON, MIKE & RUTH	HILLSBOROUGH, NC	(919) 294-0171	mlpatterson@earthlink.net	REPATTERSOM19@YAHOO.COM CAG B&G
PAUL, COUSINS	FARMVILLE, NC	(252) 753-6013	tbarrett5@nc.rr.com	TAG B&G QP PAR
PEARSALL, MARY HELEN	RALEIGH, NC	(919) 790-9609	mhpear@bellsouth.net	TIEL KEET
PERRY, REV S.	ELON, NC	(336) 585-1412	revpery@yahoo.com	SIE BH
PERRY, TERRY & DAVID	WILLOW SPRINGS, NC	(919) 639-4575	Tpandchar- lie@embarqmail.com	CAG-b BCMA-b TIEL-b MM2 RB2 SIE-b B&G-b GW -b YCM KEET-b
RAU, BILL & NANCY	BUNN, NC	(919) 496-2649	brau@ipass.net	CAG-b TIEL-b
REIMER, SUSAN	MCPHERSON, KS	(620) 245-9055	susanr@mpks.net	CAG
ROBINSON, SUSAN	RALEIGH, NC			SVM
ROUSSEAU, COURTNEY (ABS)	HOLLY SPRINGS, NC	(919) 567-0697	budgiegarden@nc.rr.com	CAN EB-b-s QP
SADUSKY, MICHAEL	RALEIGH, NC			CANARIES AND FINCHES
SCHWEIGERT, DANIEL	WAKE FOREST, NC	(919) 356-2009	dschweigert@gmail.com	TIEL DD KEET
SHABBIR, SELMAN	CARY, NC	(0.0) 000 2000		TIEL SC QP
SMITH, DAVID	RALEIGH, NC	(010) 510 0576	dsmithpdj@earthlink.net	AM B&G
SMITH, DAVID SMITH, KATHLEEN	RALEIGH, NC RALEIGH, NC	(919) 510-9576 (919) 828-4688	usinitripuj@eartnink.net	
				JC SC
STEPHENSON, RON & ALAN STEVENS, NANCY & GARY	RALEIGH, NC RALEIGH, NC	(919) 449-2844 (919) 782-5421	arkangels@bellsouth.net	IN HOME PET SITTING WWW.ARKANGELSPETCARE.COM CAG
	FAYETTEVILLE, NC	<b>、</b> ,		TOO LVB B&G
STRICKLAND, PAMELA &	RALEIGH, NC	(910) 484-1180	lindatanaydin@hotmail.com	CAG YNA TIEL FN LVB
TANAYDIN, LINDA				

# RALEIGH DURHAM CAGED BIRD SOCIETY MEMBERS-MAY 2007

Name	Address	Phone	Email	Notes
THOMPSON, AMANDA	GARNER, NC	(919) 779-0621	amandathomp- son27529@yahoo.com	CAG RB-b TIEL-b G2 GC -b JC NC SC FN- b LVB-b KEET-b RRP-b QP-b SP-b PAR-b
TIGNOR, BETTY	VIRGINIA BEACH, VA	(757) 496-5752	tielsrok@aol.com	TIEL PAR
TINGLEY, PRISCILLA	APEX, NC	(919) 362-1320		
TRUTT, HARRY & LYN	BUTNER, NC	(919) 575-5715		CAN-b TIEL KEET-b IRN
TURICH, ROBERT	CLAYTON, NC	(919) 200-4206	bobturich@aol.com	
VOZZO, KATHY	CHESAPEAKE, VA	(757) 638-9285	klmaviary@cox.net	LVB-b-s
WACKERMAN, MARK (NCS-AFA)	APEX, NC	(919) 303-8917	tielsanda2@hotmail.com	TIEL SC2
WASSERMAN, JEFF & BARBARA	WAKE FOREST, NC	(919) 562-0402	jeff@birdtoysetc.com	MAKE/SELL BIRD TOYS, GYMS, EMBROI- DERED SHIRTS
WHITE, JENNIFER & JOHN	DURHAM, NC	(919) 484-8710	jwhite8195@yahoo.com	CAG QP SP
WHITNEY, DAVID & GAY	NEW BERN, NC	(252) 637-4238	gaywhitney@earthlink.net	RAINBOW AVIARY CAG-b DYH-b RLA-b WFA-b YNA-b TIEL-b G2 -b U2 -b RBK-b LVB-b BTM-b GW -b MM-b KEET-b QP-b PAR
WILSON, CAROL & PHILLIP (AFA)	WILLOW SPRINGS, NC	(919) 552-8856	legswilson@aol.com	BFA YNA U2 GE
WILSON, RON & PEGGY	CARY, NC	(919) 468-8667	ron@ronbird1.com	PET BIRD SITTING TIEL U2
WOOTTON, BRIAN	RALEIGH, NC	(919) 608-2096	brian.wootton@ncmail.net	
YOUNG, ALYSSANDRA	CHARLOTTESVILLE, VA	(434) 964-1313	tiels@windsongaviary.com	TIEL-s

### **POPCORN PIZZA**

Using no-salt rice or popcorn cakes, spread a thin layer of peanut butter. Top with your birds' favorite HEALTHY foods, such as: grated carrots, chopped broccoli, thin-sliced apple, apple sauce, fresh peas, grated cheese, etc. No cooking required. BE CREATIVE!

SOMETIMES IT IS JUST THE DELIVERY MECHANISM

\*\*Recipes Courtesy of Phoenix Landing Foundation, 2006 Nourish to Flourish Class



# SUBSTANCES TOXIC TO BIRDS

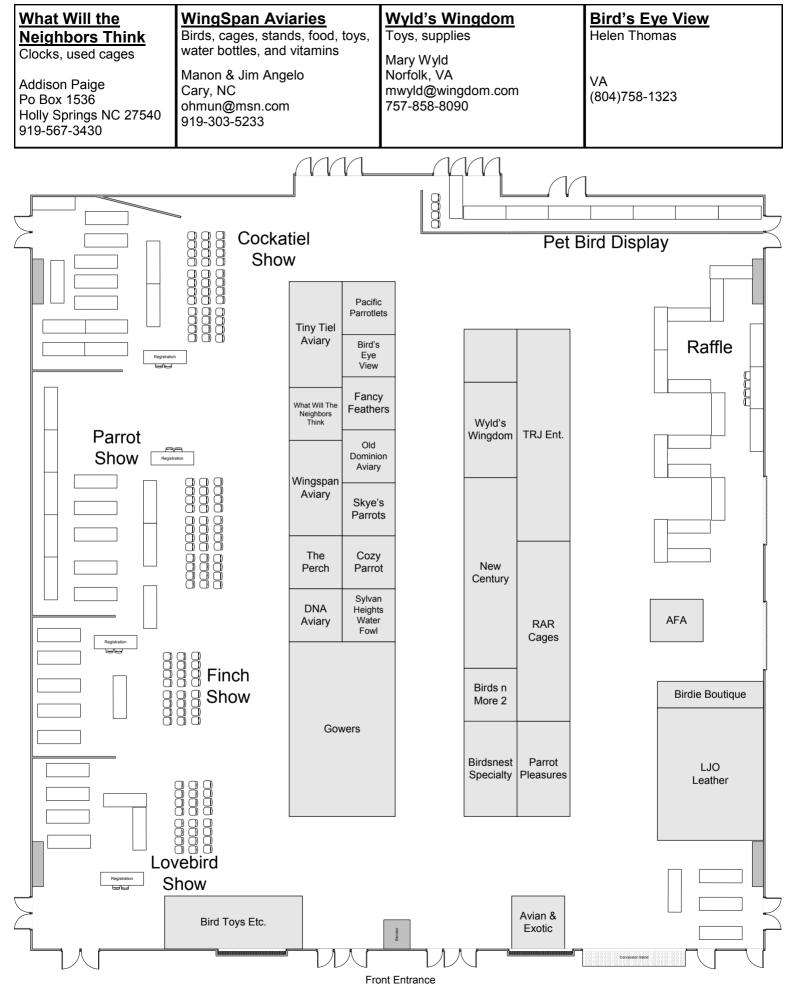
### Foods To Avoid

- Alcohol (long term exposure can result in liver disease )
- Chocolate (commonly thought to be toxic but not proven)
- Raw meat, raw poultry (due to risk of bacterial contamination)
- Raw onions (may contain Peudomonas bacteria in skins)
- Avocado (Fat content, toxicity has been documented in budgies and canaries fed large amounts. Large psittacines may consume safely but does not warrant risk)
- Moldy foods: Any moldy food may contain aflatoxins. Peanuts are especially dangerous because may have mold inside the shell which can be inhaled when shelled causing Aspergillosis.

<ul> <li>Aerosol propellant</li> <li>Aerosol ingredient</li> <li>Bleach</li> <li>Carbon dioxide</li> <li>Carbon monoxide</li> <li>Carpet freshening products</li> <li>Chlordane</li> </ul>	rain cleaners lea bombs loor cleaners loor polish ormaldehyde asoline air spray, dyes erosene ail polish, remover aphtha products	<ul> <li>Oven cleaners</li> <li>Paint, lacquers, varnish, shellac, paint remover, thin- ner</li> <li>Perfume</li> <li>Pesticides</li> <li>Propane</li> <li>Smoke and scented candles</li> <li>Teflon or Silverstone</li> <li>Wax</li> </ul>	<ul> <li>Household Dangers</li> <li>Ceiling fans</li> <li>Frayed electrical wiring</li> <li>Hot pot, pan, utensils</li> <li>Hot water from tap</li> <li>Lit electric stoves</li> <li>Lit gas stoves</li> <li>Poisonous plants</li> <li>Rotating window</li> <li>Uncurtained windows</li> </ul>
Asbestos     Ly	ead shot ye latch tips	<ul><li>Moth balls</li><li>Shoe polish</li><li>Zinc</li></ul>	Open toilets
<ul> <li>HARMFUL PLANTS</li> <li>Amaryllis Bulbs</li> <li>Azalea Leaves</li> <li>Balsam pear Seeds, outer r fruit</li> <li>Baneberry Berries, roots</li> <li>Bird of paradise Seeds</li> <li>Black locust Bark, sprouts,</li> <li>Blue-green algae Some form</li> <li>Boxwood Leaves, stems</li> <li>Buckthorn Fruit, bark</li> <li>Buttercup Sap, bulbs</li> <li>Calla lily Leaves</li> <li>Caladium Leaves</li> <li>Castor bean (castor oil) Beatleaves</li> <li>Chalice vine All parts</li> <li>Cherry tree Bark, twigs, lear</li> <li>Christmas candle Sap</li> <li>Coral plant Seeds</li> <li>Daffodil Bulbs</li> <li>Daphne Berries</li> <li>Deadly amanita All parts</li> <li>Deiffenbachia (dumbcane)</li> <li>Eggplant All parts but fruit</li> <li>Elephant's ear (taro) Leave</li> <li>False henbane All parts</li> <li>Foxglove Leaves, seeds</li> </ul>	espec - Hemlo cially r - Hemlo roots a - Hemlo roots a - Hemlo roots a - Hemlo roots a - Hemlo roots a - Henba - Holly - Horse - Hydra - Hydra - Indian - Iris (b - Java B bean - Jerus - Java B bean - Jerus - Junip stems - Lanta - Larks - Laure - Lily of the wa - Lobel - Locow - Loods - Mariju - Mosca - Mosca - Mosca	en chain (Laburnum) All parts, ially seeds ock, poison All parts, espe- roots and seeds ock, water All parts, especially and seeds ane Seeds Berries chestnut Nuts, twigs inth Bulbs ingea Flower bud turnip(Jack-in-pulpit) All parts lue flag) Bulbs Bean (lima bean) Uncooked alem cherry Berries onweed Leaves, seeds er (J. virginiana) Needles, , berries na Immature berries pur All parts I All parts f the valley All parts, including ater where kept ia All parts & ladies(cuckoopint) All parts ana Leaves ople All parts, except fruit al bean Seeds etoe Berries Orange Fruit shood Leaves, roots ng glory All parts	Narcissus Bulbs Nightshades (all types) Berries, leaves Oak Acorns, foliage Oleander Leaves, branches nectar of blossoms Philodendron Leaves, stem Poison Ivy Sap Poison Oak Sap Poison Oak Sap Poinsettia Leaves, flowers Pokeweed Leaves, roots, immature berries Potato Eyes and new shoots Privet All parts, berries Rhododendron All parts Rhubarb Leaves Rosary Peas Seeds (seeds illegally imported to make necklaces and rosa- ries) Skunk cabbage All parts Snowdrop All parts, especially buds Snow on mountain All parts Sweet Pea Seeds and fruit Tobacco Leaves Virginia creeper Sap Wisteria All parts Yam bean Roots, immature pods Yew (American, English, Japanese) Needles, seeds

### COMMERCIAL EXHIBITORS WITH ADVANCE REGISTRATION

Fancy Feathers	RAR Cages
	Bird cages, stands
Scott & Kim Mackey	Ron Reijerkerk Raleigh, NC 919-280-9465 <b>Skye's Parrots</b>
Bird cages, supplies Lena & Carl Gower 500 Woodland Rd Raleigh, NC 27603	Sandra Gambrell 23 Aspen Lane Lillington NC 27546 (919) 608-9130
919-113-2100	Sylvan Heights Waterfowl Park &
	Eco-Center
L J O Leather Toys, toy parts Larry & Jackie Osborne 8778 S 775 W Covington, IN 47932 leather@localline.com 765 703 3666	Brent Lubbock Po Box 368 Scotland Neck NC 27874 252-826-3186
765-793-3666	The Cozy Parrot Travel cage covers
New Century Bird Supply Centurion bird cages, Lixit products Steven Francis Parkersburg, VA	Gena Everhart Mebane NC 27302 919-201-2113
304-422-0729	The PerchStore.net Bird Supplies
Old Dominion Aviary	Joey Buchan
Toys, treats, food Edward Maher	2600-H Golden Horseshoe Circle Morrisville NC 27560 www.perchstore.net
804-448-9962	
Pacific Parrotlets Birds Randall Jarrell	Tiny Tiel Aviary, Exotic Wildlife Rescue Hand fed and breeder Cockatiels, African Greys, Ringnecks, bird related crafts, hand feeding supplies, bird toys, NCS items.
705 Sanford Road Pittsboro NC 27312 919-210-2500	Susan & Billy Saunders Weaverville, NC susans35@juno.com
Parrot Pleasures Toys, perches, rope products, Birds (Conures, Senegals, Caiques, Hans Ma-	<b>TRJ Enterprises</b> Cages, perches, cups, and accessories
Caws) Carol Olyer P O Box 483	David Jones Freehold, NJ
Orange Park, FL 32067-0483 nippynape@aol.com 904-264-8410	dajones2001@aol.com 732-995-8562
	Gower's Bird Supply         Bird cages, supplies         Lena & Carl Gower         500 Woodland Rd         Raleigh, NC 27603         919-773-2700         LJ O Leather         Toys, toy parts         Larry & Jackie Osborne         8778 S 775 W         Covington, IN 47932         leather@localline.com         765-793-3666         New Century Bird Supply         Centurion bird cages, Lixit products         Steven Francis         Parkersburg, VA         stevenfrancis1@yahoo.com         304-422-0729         Old Dominion Aviary         Toys, treats, food         Edward Maher         804-448-9962         Pacific Parrotlets         Birds         Randall Jarrell         705 Sanford Road         Pittsboro NC 27312         919-210-2500         Parrot Pleasures         Toys, perches, rope products, Birds         (Carol Olyer         P O Box 483         Orange Park, FL 32067-0483         nippynape@aol.com



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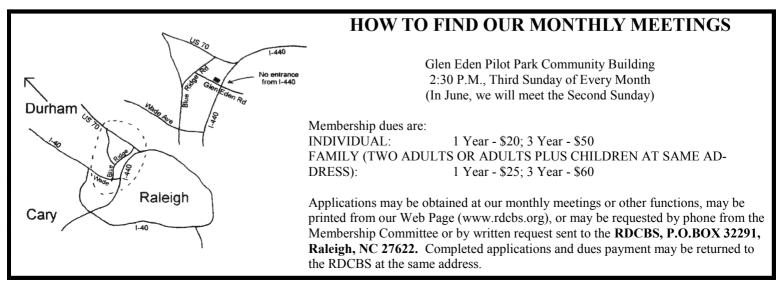
# In Fond Memory of

# Laura Ann Hopper Wackerman September 24, 1956 – June 21, 2006

Laura was an outstanding member of the Raleigh-Durham Caged Bird Society who served the avian community tirelessly. Laura and her husband Mark joined the RDCBS in 1999. She jumped in with both feet and eyes wide open. Laura served on the Board of Directors from 2001 to 2005. Laura also was the RDCBS Vendor Coordinator for the RDCBS Bird Fair. She was always one of the first at the bird fair to help with set up, passing out hot coffee, donuts and ham biscuits to the vendors and she was one of the last to leave after helping with clean up. Laura was an avid supporter of the BCV (Bird Clubs of Virginia) and never missed a conference, including the April, 2006 conference. Laura was also a member of the AFA (American Federation of Aviculture) and attended their conferences. The two feathered loves of Laura's life were Buttercup her Lesser Sulfur Crested Cockatoo, and Pops, her Normal Cockatiel, who won "Best Pet" in RDCBS's first Cockatiel Show. Laura's number one love of her life was her husband of 25 years, Mark Wackerman.

Laura was employed by Tipper Tie of Apex; she was an active member of the Humble United Methodist Church Youth Ministry in Texas and St. Francis United Methodist Church Women and Emmaus Movement. Laura was involved with the Good Shepherd Soup Kitchen and Disciple Bible Study. Laura was also an enthusiastic member of the Charlotte Artillery 10<sup>th</sup> NCST Company C Group.

Laura is deeply missed by all who knew her.





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